

## Parkinson's Disease

#### Dr. Zoltan Mari, MD May 14, 2024



## **SEMINAR INSTRUCTOR**



### Dr. Zoltan Mari, MD, FAAN

#### Ruvo Family Chair & Director

Parkinson's Disease & Movement Disorders Program Cleveland Clinic Lou Ruvo Center for Brain Health





### **Parkinson's Disease Overview & Update**

#### Zoltan Mari, MD



### **Cleveland Clinic**

## Disclosures

- Dr. Mari is a full-time staff and Ruvo Family (Endowed) Chair at Cleveland Clinic (CC) and is representing his own opinions and NOT that of CC
- Dr. Mari received (institutional) research support from: the National Institutes of Health, Michael J. Fox Foundation, Parkinson's Foundation, AbbVie, Eli Lilly, Cerevel
- Dr. Mari has served as a paid consultant for GB Sciences, Sanofi Genzyme, NeuroReserve, Neuonos, Sensory Cloud, Biogen, Kyowa Kirin, nQ Medical Inc, Supernus, ACADIA, and Global Kinetics Corporation
- Dr. Mari holds shares of Neunos, Inc. (Black Rock NeuroTechnology), Sensory Could, NeuroReserve, GB Sciences, and D&D PharmaTech (last 2 public)
- Dr. Mari is the immediate past Chair of the Telemedicine Study Group at the Movement Disorder Society (MDS), Chair of the Motor Features Working Group at the Parkinson Study Group (PSG), member of the Congress Site Selection Committee & Website Committee for the International Association of Parkinsonism & Related Disorders (IAPRD), and Associate Editor for the Parkinsonism & Related Disorders journal
- Dr. Mari is founder and CMO for both Neuraly, Inc. & Z NeuroSciences, LLC



## OUTLINE

- What is Parkinson's Disease?
- Statistics & Public Health Impact of Parkinson's Disease
- Diagnosis, Causes, and Course of Parkinson's Disease
- Management of Parkinson's Disease
- The Importance of Multidisciplinary and Integrated Care Models

## WHAT IS PARKINSON'S DISEASE?

- Parkinson's Disease is a progressive neurodegenerative "movement disorder", which is a clinico-pathological entity (disease) versus a group of specific diseases that share certain features (syndrome), such as "parkinsonism"
- Originally described (1817) as a disorder with only motor symptoms, it is now recognized as a "multisystem" disorder with manifestations in many domains, including motor and non-motor (such as neuropsychiatric, gastrointestinal, autonomic), with each PD patient's journey featuring a distinctly unique combination of many possible symptoms and subjective disabilities and challenges
- Traditionally diagnosed using clinical diagnostic criteria, with dopamine imaging as an optional "confirmatory" test, recently a synuclein-based assay has been suggested as a far more accurate diagnostic test, which is expected to fully replace the use of our currently "god standard" clinical diagnostic criteria

## Parkinson's Disease Introduction: U.S. Statistics

### Prevalence:

- ~ 1 million people (to reach 1.2M by 2030)
- ~10M worldwide
- 1% of the population over 60 (likely more)
- Incidence per year: ~
  90,000 new cases

- Mean age of onset: 60 years
- US annual cost \$52B (2017) – more since
- The fastest growing neurological disease
- Men are 1.5x more likely to have it



https://www.nature.com/articles/s41531-020-0117-1

## **Common Symptoms & Findings**

- 4 cardinal features (motor):
  - <u>Tremor (rest)</u>
  - <u>R</u>igidity
  - <u>Akinesia (or bradykinesia)</u>
  - **P**ostural Instability
- Non-motor symptoms
  - Speech abnormalities
  - Autonomic, sleep impairment
  - Cognitive, anxiety, depression
  - Pain symptoms, muscle mass↓
  - Anosmia



Illustration of the Parkinson disease by Sir William Richard Gowers from A Manual of Diseases of the System in 1886 (WikiMedia CommonNervouss)

## **Common Symptoms & Findings**

- 4 cardinal features (motor):
  - <u>Tremor (rest)</u>
  - <u>R</u>igidity
  - <u>Akinesia</u> (or bradykinesia)
  - **P**ostural Instability
- Non-motor symptoms
  - Speech abnormalities
  - Autonomic, sleep impairment
  - Cognitive, anxiety, depression
  - Pain symptoms, muscle mass↓
  - Anosmia



Typical Parkinson patient: video includes pre-DBS levodopa OFF & ON, as well as post-DBS clips

## Non-Motor Features of PD

Mentation, behavior & mood

- Depression (up to 50%)
- Dementia (bradyphrenia first, up to 40%)
- Anxiety, panic attacks
- Autonomic

Orthostatic hypotension (from both PD + meds)
 GI: gastroparesis (dose failure!), constipation
 Other: skin (seborrhoea), sexual dysfunction



## How do we make the diagnosis of PD?

- Neurological examination looking for the cardinal features (supplemented by observing a good response to dopamine replacement): UK BB – more recently MDS criteria
- Imaging can help confirm presynaptic dopaminergic deficits, either fluoro-DOPA PET scanning looking for dopamine storage or SPECT or PET scanning for the dopamine transporter. DaTscan is now approved in the US.
- Also approved is Syn-One Test





Normal and abnormal DaTscan SPECT images. a Normal DaTscan SPECT image. b—d Abnormal DaTscan images fall into at least one of the following three categories (all are considered abnormal): abnormal DaTscan SPECT image type 1(b), abnormal DaTscan SPECT image type 2 (c) or abnormal DaTscan SPECT image type 3 (d).

Randomized Controlled Trial> Neurodegener Dis. 2013;11(1):22-32. doi: 10.1159/000337351.Epub 2012 May 8.

#### Changes in clinical management and diagnosis following DaTscan SPECT imaging in patients with clinically uncertain parkinsonian syndromes: a 12week follow-up study

Andreas Kupsch<sup>1</sup>, Nin Bajaj, Frederick Weiland, Antonio Tartaglione, Susanne Klutmann, Ronald Copp, Paul Sherwin, Ann Tate, Igor D Grachev

Affiliations + expand PMID: 22571977 DOI: 10.1159/000337351



A skin biopsy test called the Syn-One Test can detect Parkinson's disease and related disorders by testing for the presence of P-SYN, an abnormal form of alphasynuclein. P-SYN is present in the skin even before symptoms appear, so skin biopsies could improve early detection. A March 2024 study published in the Journal of the American Medical Association found that 93% of people with clinically confirmed Parkinson's disease tested positive for P-SYN in skin biopsies taken from the neck, knee, and ankle.

https://www.parkinsonsecrets.com/blog/should-i-get-a-skin-biopsy-or-dat-scan-for-parkinsons-disease





### Do I Need A Skin Biopsy Or DaTscan For My Parkinson's Disease?

By Michael S Okun MD

A lot of buzz has been generated as a result of the emergence of skin biopsies and DaTscans as potential diagnostic tests for Parkinson's disease and for 'parkinsonisms.' The promise and the hope of these tests has been accompanied by 'confusion' as to 'what they are' and 'when to apply them.' In this month's parkinsonsecrets.com blog, I will review the **key information** persons with Parkinson's disease, family members and clinicians should all 'know' about these two diagnostic tests. Additionally, I will touch on the roles that these 'tests' may play in the future development of new therapies for Parkinson's disease.

SPOILER ALERT: If you already have a diagnosis of levodopa responsive Parkinson's disease, you may not require a skin biopsy or a DaTscan!





## **CLINICAL PROGRESSION OF PD**

#### \*\*\* The pace of disease in every patient is different

#### **PRE-CLINICAL STAGE**

- REM Behavior Disorder
- Loss of smell
- Constipation, ED,
- low BP, urinary freq
- Biomarkers: Smell test, MIBG scan, SPECT, PET

#### EARLY STAGE

- One sided symptoms
- Slowness
- Masked face
- (Stiffness) Rigidity
- Shaking (Resting tremor)
- Dystonia
- Shuffling gait

#### LATE STAGE

- Symptoms on both side
- Involuntary dancing <u>movements</u>
- Motor (On-off) fluctuations
- Speech problems
- Some difficulty in swallowing
- Poor memory (dementia)
- <u>Hallucinations, confusion</u>
- Falls
- Freezing of gait







## PD Basics: Pathology

# Parkinson's Normal Substantia Nigra Parkinson's Lewy bodies Pigmented neurons

Normal: Nigra (pigment)

Parkinson: Nigra (lost pigment)



### Cellular Pathology of Parkinson's disease: the Lewy Body







### Gross Pathology of Parkinson's Disease



#### Normal



#### Parkinson's





## Neuropharmacology of PD



## **Braak Staging of PD**







Braak Parkinson's disease stages 1 & 2 PRECLINICAL Braak Parkinson's disease stages 3 & 4 CLINICAL PARKINSON'S DISEASE

Braak Parkinson's disease stages 5 & 6 COGNITIVE IMPAIRMENT





## What Causes Parkinson's Disease?



"Parkinson's Disease: The Life Cycle of the Dopamine Neuron", The New York Academy of Sciences, 2003



## Parkinson's Disease Risk Factors

- Age
- Twins: concordance 75% for MZ, 22% for DZ by fluoro-dopa PET
- Positive family history
- Environmental factors: rural, pesticides
- Protective factor: smoking, coffee drinking



### Biological systems involved in PD



Fujita KA, Ostaszewski M, Matsuoka Y, Ghosh S, Glaab E, Trefois C, et al. Integrating pathways of parkinson's disease in a molecular interaction map. *Mol. Neurobiol.* 2014;49:88-102



#### SnapShot: Pathogenesis of Parkinson's Disease

Joo-Ho Shin, Valina L. Dawson, and Ted M. Dawson

NeuroRegeneration and Stem Cell Programs, Johns Hopkins University School of Medicine, Baltimore, MD 21205, USA



#### SnapShot: Pathogenesis of Parkinson's Disease

Joo-Ho Shin, Valina L. Dawson, and Ted M. Dawson

NeuroRegeneration and Stem Cell Programs, Johns Hopkins University School of Medicine, Baltimore, MD 21205, USA

Parkinson's disease (PD) is the most common movement disorder characterized by death of dopaminergic neurons in the substantia nigra pars compacta. Sophisticated genetic analysis has revealed several PD-associated genes including those encoding or synuckin, parkin, PNN, DJ-1, LRRK2, and ATP13A2 (see table). Diverse environmental factors in conjunction with genetic risk factors lead to PD pathogenesis, although the exact mechanisms are still under investigation. This SnapShot summarizes the roles that proteins encoded by PD-associated genes play in both common and divergent mechanisms of PD pathogenesis.

#### Death of Dopaminergic Neurons

Unlike most ofter brain neurons, the dopaminergic neurons of the substantia nigra use L-type Ca<sup>th</sup> charmels (containing a distinctive Ca<sup>th</sup> 13 pore-forming subunit, Cacratd) for pace making, resulting in increased AFP consumption and Ca<sup>th</sup> influx. Ca<sup>th</sup> enters the endoplasmic reticulum (ER) via a high-affinity somoth ER Ca<sup>th</sup> (BERA) pump. Ca<sup>th</sup> towns back into the cytoplasm through inositial tripphosphate receptors (IP,R) and ryanotine receptors (R)/R) forming a high-affinity somoth ER Ca<sup>th</sup> (BERA) pump. Ca<sup>th</sup> towns back into an else up Ca<sup>th</sup> via the Ca<sup>th</sup> uniporter, whereas mitochondrial Ca<sup>th</sup> efflux is mediated by the Na<sup>+</sup>/Ca<sup>th</sup> exchanger (NCX). Mitochondria area law target in PD and impaired mitochondria contribute to death of dopaminergic neurons. Due to their unique Ca<sup>+</sup> 13 catter is the Ca<sup>th</sup> uniporter, whereas mitochondria Ca<sup>th</sup> efflux is mediated by the Na<sup>+</sup>/Ca<sup>th</sup> exchanger (NCX). Mitochondria area law target in PD and impaired at animalmode of PD. Once monoraum to exclasse B(MAOB) metabolices. MPTP into 1-methyl-4-phenyl-Hz/Ja), bitrahydopryrdine (IMEP). MPTP selectively kills dopaminergic neurons by bioching the activity of mitochondrial complex Land has been used to reale animal models of PD. Once monoraum to exclasse B(MAOB) metabolices. MPTP into 1-methyl-4-phenyl-Hz/Ja), is transported and concentrates in mitochondria in mitochondria is prevensible to environmental toxina, such transition prevents. This leads to inhibition of mitochondrial complex I, eventual depolarization of the mitochondrial membrane, and opening of the mitochondria is permeability transition prevensible neutroscience of mitochondrial cole death effectors such as cytochrome c and apoptosis-incluring factor (AIF). Unitnalely death of the dopaminergic neuron ersues through various cell death cascades including capase-dependent and capase-independent pathways. Effluxes neuronal initic coxide syntase (NOS) activation, DNA damage, poly(ADP-rbose) polymense (AIRA) activation, and GAPDH modification. Mitorodia acti

#### PD Genes and Molecular Pathogenesis

#### Autosomal-Dominant

o-Synuclein: Even though the physiological function of e-synuclein is still unclear, numerous studies indicate its association with membranes, synaptic vesicle recycling, dopamine new orbansmission, and lipid interactions. This protein is the major structural component of Lewy bodies, which are the pathological humans of PO identification of genetic abnormalities in the e-synuclein gene have implicated the protein encoded by this gene in the pathophysiology of PD. Native unfolded or altered e-synuclein monomers with genetic modified contactions (AS31, E404, A301) form toxic intermediates such as oligomers and fibri interactions (AS31, E404, A301) form toxic intermediates such as oligomers and fibri, which eventually form Lewy bodies. Triplication of the e-synuclein gene have endoystate level of which yee e-synuclein. In sportatic PD, reactive congenity pathopsensis (ROS), neatore introgen species (RNS), and aging play a role in the aggregation of e-synuclein. ROS RNS production, disruption of manoautophagy, mitochondrial dystunction, and proteasome inhibition can also be triggered by mulater or aggregated e-synuclein. ROS RNS production, disruption of manoautophagy, mitochondrial dystunction, and proteasome inhibition can also be triggered by mulater or aggregated e-synuclein. ROS RNS production, disruption of manoautophagy, mitochondrial dystunction, and proteasome inhibition can also be triggered by mulater or aggregated e-synuclein. ROS RNS production, disruption of manoautophagy.

LRRK2: LRRK2 consists of diverse domains, including a laucine-rich repeat, a Roc GTPase domain, a COR (C-terminal of Ras) domain, a kinase domain, and a WD40-repeat. LRRK2 is localized in the cytoplasm and is associated with membranous structures including mitochondria, the ER, and synaptic vesicles. Familial mutants of LRRK2 results in a gain of function and neuronal toxicity that is kinase dependent and regulated by the chaperones CHIP and HSP90. These chaperones control LRRK2 levels through the ubiquith-proteasome system. Moesin is a putative LRRK2 substrate. Functional studies implicate LRRK2 in neurite outgrowth and the endocytosis of synaptic vesicles. 4E-BP is a putative LRRK2 substrate, suggesting that LRRK2 is involved in translation. Data suggest that LRRK2 may also regulate mitochondrial function. Disease-causing mutations in human LRRK2 consistently cause e-synuclein pathology.

#### Autosomal-Recessive

PINK1: Little is known about the function of PINK1, other than that it is thought to be a mitochondrial kinase that acts upstream of parkin in the PD pathogenesis cascade. Desase-causing mutations in PINK1 may lead to a loss of function. The mitochondrial chaperone, TRAP1, and the serine protease, HrA2, are putative PINK1 substrates that play important roles in regulating mitochondrial function and mitochondrial-dependent cell death pathways. PINK1 may also physiologically regulate Ca<sup>2+</sup> efflux from the mitochondria via NCK.

DJ-1: DJ-1 is a molecular chaperone with multiple functions. Disease-causing mutations in DJ-1 may lead to a loss of function. DJ-1 regulates ROS levels by acting as an atypical peroxiredoxin-like peroxidase and also modulates RNA metabolism and gene transcription. In addition, DJ-1 may bind to Daxx/apoptosis signal-regulating kinaset (ASKI) and inhibit ASKI activity and cell death. DJ-1 is also involved in a Parkin-PINKI. DJ-1 (PD) complex that promotes the degradation of unloided proteins.

Parkin: Mutations in the parkin gene and positransitional modifications to the protein, such as phosphorylation or S-nitrosylation (SNO) by ROS (NNO), bock parkin's ability to function as an E3 ubiquitin ligase. This leads to the accumulation of its substrates, including AIMP2, FBP-1, and others, which are somehow involved in mitochondrial dystunction and neuronal toxicity. Parkin uses poly-K48 ubiquitin Inleages to promote degradation of its substrates. Parkin also uses poly-K63 ubiquitin linkages or mono-ubiquitination to regulate intracellular signaling, receptor trafficking, and the formation of inclusions. Parkin acts downstream of PINK1 in genetic models and appears to play a role in the clearance of mitochondria by autophagy (mitophagy).

ATP13A2: ATP13A2 is a large lysosomal P-type ATPase. Although functional studies are at a very early stage, it is thought that ATP13A2 and the PD susceptibility gene encoding p-glucocarebrosidase (GBA) may be involved in the clearance of o-synuclein aggregates.

#### Abbreviations

AD, autosomal-dominant; AR, autosomal-recessive; 4E-BP, eukaryotic initiation factor 4E (elF4E)-binding protein; PSF, pyrimidine tract-binding protein-associated splicing factor; p54nrb, p54 nuclear RNA-binding protein; GPX4, glutathione peroxidase 4; MAPK8IP1, mitogen-activated protein kinase 8-interacting protein 1; Ub, ubiquitin.

#### REFERENCES

Abeliovich, A. (2007). Parkinson's disease: pro-survival effects of PINK1. Nature 448, 759-760.

Biskup, S., and West, A.B. (2009). Zeroing in on LRRK2-linked pathogenic mechanisms in Parkinson's disease. Biochim. Biophys. Acta 1792, 625-633.

Chan, C.S., Gertler, T.S., and Surmeier, D.J. (2009). Calcium homeostasis, selective vulnerability and Parkinson's disease. Trends Neurosci. 32, 249-256.

Dawson, T.M., and Dawson, V.L. (2003). Molecular pathways of neurodegeneration in Parkinson's disease. Science 302, 819-822.

Gasser, T. (2009). Molecular pathogenesis of Parkinson disease: insights from genetic studies. Expert Rev. Mol. Med. 11, e22.

Gitler, A.D., Chesi, A., Geddie, M.L., Stratheam, K.E., Hamamichi, S., Hill, K.J., Cakhvell, K.A., Cakhvell, G.A., Cooper, A.A., Rochet, J.C., et al. (2009). Alpha-synuclein is part of a diverse and highly conserved interaction network that includes PARK9 and manganese toxicity. Nat. Genet. 41, 308–315.

Gupta, A., Dawson, V.L., and Dawson, T.M. (2008). What causes cell death in Parkinson's disease? Ann. Neurol. 64 (Suppl 2), S3-S15.

Lees, A.J., Hardy, J., and Revesz, T. (2009). Parkinson's disease. Lancet 373, 2055-2066.

Lim, K.L., and Ng, C.H. (2009). Genetic models of Parkinson disease. Biochim. Biophys. Acta 1792, 604-615.

Schapira, A.H. (2008). Mitochondria in the aetiology and pathogenesis of Parkinson's disease. Lancet Neurol. 7, 97-109.

440.e1 Cell 139, October 16, 2009 @2009 Elsevier Inc. DOI 10.1016/j.cell.2009.09.026

## Therapeutic Goals

- Address expectations
- Treatment goals are greatly customized patients vary with regards to what's important to them
- Currently available treatments are all symptomatic
- Many potential confounds, educate
- Dynamic entity, continuously reassess

- Don't ignore non-motor treatments
- Don't ignore non-pharmacological treatments
  - Talk to the patient/patient centeredness
  - Multi-disciplinary teams
  - Importance of the care partner/biopsychosocial approach
  - Care away from the hospital: telehealth, wearables



## Parkinson Disease Treatments

#### • Symptomatic

- All currently approved treatments for PD
- Help improve symptoms: the appearance and impact without affecting the underlying causes of disease
- Symptomatic and disease modifying efficacy may not be exclusionary of each other
- "Disease modifying" (not a synonym of "neuroprotective")
  - There is no known proven or approved neuroprotective or disease modifying treatments only symptomatic at this point
  - Disease modifying means altering any aspect of the disease in a lasting manner (e.g. after removing the intervention)
  - This may be through neuroprotection, but could be through a number of other mechanisms
  - Endpoints capturing disease modification technically more feasible than actual neuroprotection in human clinical trials
  - However, showing disease modification may imply underlying neuroprotection depending on the purported MoA



## **Management Options**

- Supportive therapies! Multidisciplinary care!
  - PT
  - > OT
  - > SLP
  - Clinical mental health therapy/counseling
  - Social work
  - Music therapy, dance therapy, tai chi, yoga, rock steady boxing, Teracycle, etc
- Oral neurotransmitter replacement and modulation
  - C/L
  - Dopamine agonists
  - Anticholinergics
  - Extenders (MAO-B inhibitors, COMT inhibitors)
  - Others (amantadine)

- Advanced treatments
  - Surgical ablation and deep brain stimulation
  - Intestinal levodopa suspension (Duopa pump)
  - Inhaled C/L
  - SQ Apokyn
- Experimental/pending approval in US
  - Neuroprotection
  - SQ Pumps
  - Gene therapy
  - Stem cells
  - ➢ tDCS
  - Cannabis CBD oil (NO! THC)



#### Summary 2: Pros and Cons of Available FDA-Approved Monotherapy

AGENT	PROS	CONS*
MAO B Inhibitors	Effective	Potential drug interactions
	Once-daily dosing	
	AE profile similar to that of placebo	
Carbidopa/ Levodopa	Highly effective	Motor fluctuations and dyskinesia are common with long-term use
	Rapid onset of action	
Dopamine agonists	Effective	Neuropsychiatric AEs
	Delays start of L-dopa	Somnolence warning
	Low risk of motor complications	Agonist-specific AEs
Amantadine	Beneficial for tremor	Cognitive AEs
	Antiparkinsonian effects	Anticholinergic AEs
		Withdrawal effects
	*This does not represent a complete listing of safety information. Please see product prescribing information. FDA = Food and Drug Administration; L-dopa = levodopa.	
	AZILECT Prescribing Information. 05/09. Olanow et al. <i>Neurology</i> . 2001;56(11 suppl 5):S1-S88. Jankovic. <i>Neurology</i> . 2002;58(4 suppl 1):S19-S32.	

## Sites of Action of PD Drugs



## Within the basal ganglia, multiple nondopaminergic neurotransmitters/neuromodulators play a role in motor function

- Adenosine and GABA influence the indirect pathway
- Acetylcholine, glutamate, histamine, norepinephrine, and serotonin modulate the basal ganglia neuronal network
- These neurotransmitters help regulate the basal ganglia network with the dopaminergic system
- Nondopaminergic receptors serve as targets for modern PD treatments



## Adjuvant Treatments for PD

- Istradefylline novel adenosine A<sub>2a</sub> receptor antagonist
- COMT-inhibitors
  - Opicapone
  - Entacapone
  - Tolcapone
- MAO-B inhibitors
  - Selegiline
  - Rasagiline
  - Safinamide
- Amantadine may be adjuvant besides monotherapy new long-acting formulations have become available
- "Rescue" options
  - Inhaled carbidopa/levodopa
  - SQ injectable apomorphine
  - Sublingual film apomorphine



## Surgical Treatments for PD

- MRgFUS
- Deep Brain Stimulation
  - Activa device system from Medtronic
  - Infinity device system from St. Jude
  - Vercise device system from Boston Scientific
- Levodopa-carbidopa intestinal gel infusion pump









The integrative care of Parkinson's disease: a systematic review.Lindsay Penny Prizer, Nina Mikelashvili BrownerPublished 2012 in Journal of Parkinson's disease DOI:10.3233/JPD-2012-12075





### Implementation of an Integrative Holistic Healthcare Model for People Living with Parkinson's Disease



Implementation of an Integrative Holistic Healthcare Model for People Living with Parkinson's Disease Ingrid Pretzer-Aboff, PhD Allen Prettyman, PhD *The Gerontologist*, Volume 55, Issue Suppl\_1, 1 June 2015, Pages S146–S153, <u>https://doi.org/10.1093/geront/gnv004</u> Published: 16 May 2015

## Multi-Disciplinary Care in PD



patient educator, research coordinator, and are key toward the PDNS model

## Parkinson's Foundation Center of Excellence (COE)

- Recognizes medical facilities with specialized, multidisciplinary teams providing evidence-based PD care.
- Each center is required to meet rigorous care, professional training, research, community education and outreach criteria.
- As of 2022, there are **51** COEs in the GCN.
  - **37** located in the U.S.
  - **14** located internationally



CENTER OF EXCELLENCE



### **Designation Criteria**



### Care

- Care must be coordinated, comprehensive and provided by an interdisciplinary team
- Provide expert care across the full spectrum of patient issues, including motor, non-motor (particularly neuropsychiatric and cognitive symptoms)
- Provide all people with Parkinson's equal access to services





### Education

- Provided at the center for:
  - Health care professionals
  - People with PD
  - Care partners
- Ensure that clinicians are knowledgeable about all evidence-based treatments for Parkinson's Disease
- Educational events for people with PD and families, to provide current information about Parkinson's disease (such as an annual symposia or lunch and learn programs)
- Provide resources such as newsletters, fact sheets, etc.





### **Community Outreach**

- Provided outside of the Center for:
  Healthcare professionals
  People with PD
  Care Partners
- Facilitation of community events
- Provide resources for alternative wellness programs, support groups, exercise programs, etc.
- Provision of disease-specific community provider education and training





### Research

#### **Centers must:**

- Conduct research relevant to Parkinson's
- Publish findings from this research in peer-reviewed journals



## U.S. COEs - 2022

- AZ—Barrow Neurological Institute
- CA—University of Southern California
- CA—University of California, San Francisco
- CA—University of California, San Diego Movement Disorder Center
- CO—University of Colorado Movement Disorders Center
- DC—Medstar Georgetown University Hospital
- FL—University of Florida Center for Movement Disorders and Neurorestoration
- FL—University of Miami
- FL—University of South Florida Parkinson's Disease and Movement Disorders Center
- GA—Medical College of Georgia, Augusta University
- GA—Emory University
- IA—University of Iowa
- IL—Northwestern University Movement Disorders Center
- IL—Rush University Medical Center
- IN—Indiana University School of Medicine
- KS—University of Kansas Medical Center
- MD—Johns Hopkins Parkinson's Disease and Movement Disorders Center
- MA—Massachusetts General Hospital
- MA—Beth Israel Deaconess Medical Center

MN—Struthers Parkinson's Center NH—Dartmouth Hitchcock Medical Center NY—Mount Sinai Beth Israel NY—Columbia University Irving Medical Center NY—Marlene and Paolo Fresco Institute for Parkinson's and Movement Disorders at NYU Langone Medical Center NY—University of Rochester Medical Center NC—Duke Health Movement Disorders Center NC—University of North Carolina at Chapel Hill School of Medicine NV—Cleveland Clinic Lou Ruvo Center for Brain Health OH—Cleveland Clinic Center for Neurological Restoration OR—Oregon Health and Science University Parkinson Center PA—University of Pennsylvania Movement Disorder Center PA—Jefferson Health's Comprehensive Parkinson's Disease and Movement Disorder Center SC—Medical University of South Carolina TN—Vanderbilt University Medical Center TX—Baylor College of Medicine UT—University of Utah VA—Virginia Commonwealth University

## International COEs – 2022

#### **Australia**

Victorian Comprehensive Parkinson's Program

#### Canada

McGill Parkinson Program University of Western Ontario, London Health Sciences Centre University of Calgary University of Alberta Pacific Parkinson's Research Centre, University of British Columbia Toronto Western Hospital Movement Disorders Center

#### Germany

Philipps University

#### Israel

Tel Aviv Sourasky Medical Center

Netherlands Nijmegen Parkinson Center

Singapore National Neuroscience Institute

#### Taiwan

National Taiwan University Hospital, Center for Parkinson & Movement Disorders

**United Kingdom** Kings College Hospital Derby Hospitals NHS Foundation Trust and The University of Nottingham



### COMMITMENT TO QUALITY: PD & Movement Disorders @CCLRCBH

### **Multiple recognitions as a Center of Excellence**



#### CENTER OF EXCELLENCE

Director: Zoltan Mari, MD FAAN



RESEARCH CENTERS OF EXCELLENCE

Currently: accreditation on hold/re-application under way (formerly Co-PIs: MS/ZM, then PI: ZM)

Currently: just re-accredited (director: ZM)

HDSA CoE: application under way (Dr. Oguh)

### Clinical Domain: PD & Movement Disorders at the CCLRCBH



#### Additional services:

- Nursing
- Patient education
- Library
- Outreach
- Research
- Imaging
- Neuropsychology
- Neuropsychiatry
- Genetics counseling



### **Dramatic Gains from Treatment**



### Further Gains Are Still Possible



47

## Sources & References

- Parkinson's Foundation: <u>https://www.parkinson.org/understanding-</u> <u>parkinsons/statistics</u>
- Nature: Incidence of Parkinson disease in North America: <u>https://www.nature.com/articles/s41531-</u> 022-00410-y









# **Cleveland Clinic**

### **Every life deserves world class care.**







# Creating an Age-Friendly Health System & Dementia-Friendly Community in Nevada



CONTACT NIHAN nihan@unlv.edu | (702) 272-0826 | http://www.nihan.care

This material is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$3.75 million for five years with 0% percentage financed with nongovernmental sources, grant #U1QHP33069. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.

