Healthy Aging, Healthy Community Geriatric Seminar Series

Geriatric Community Education Outreach Program

The NIHAN* Geriatric Seminar Series provides **free** virtual health care education and resources to geriatric communities, by presenting topics related to the evidenced-based 4Ms age-friendly health care: What Matters, Medication, Mobility, and Mentation.



The seminars are held every *Tuesday, March 5* through *June 11*, *via Zoom*, from 12:00 - 1:00 p.m. Pacific Time.

Nevada Interprofessional Healthy Aging Network
nihan.care

*The Nevada Interprofessional Healthy Aging Network (NIHAN) project is UNLV's Geriatric Workforce Enhancement Program (GWEP) at the Kirk Kerkorian School of Medicine.

To attend the NIHAN Geriatric Seminars, please *register* with the corresponding link. Zoom meeting links will be emailed to you, upon registration.

DATE AND TIME	TOPIC AND SPEAKER	REGISTER
Tuesday, March 5, 12:00 - 1:00 PM (PST)	Oral Health Care with the 4Ms Maryam Tabrizi, DMD. Geriatric Dentistry, School of Dental Medicine, University of Nevada Las Vegas	Click <i>here</i> to register!
Tuesday, March 12, 12:00 - 1:00 PM (PST)	Mental Health in Older Adults with a Focus on Dementia Natali Edmonds, PsyD, ABPP. Dementia Careblazers	Click here to register!
Tuesday, March 19, 12:00 - 1:00 PM (PST)	Safely Managing Medication in Older Adults Tatyana Gurvich, Pharm.D, BCGP. University Southern California School of Pharmacy & University of California, Irvine Senior Health Center	Click here to register!
Tuesday, March 26, 12:00 - 1:00 PM (PST)	Depression and Anxiety in Older Adults Natali Edmonds, PsyD, ABPP. Dementia Careblazers	Click here to register!
Tuesday, April 2, 12:00 - 1:00 PM (PST)	Combatting and Caring for Arthritis Jacqueline Randa, PT, DPT, Ph.D. School of Physical Therapy, Touro University Nevada	Click here to register!
Tuesday, April 9, 12:00 - 1:00 PM (PST)	Osteoporosis: How to Prevent Bone Loss Evan Bishop, PT, DPT. LVL Up Physical Therapy, Las Vegas	Click here to register!

DATE AND TIME	TOPIC AND SPEAKER	REGISTER
Tuesday, April 16, 12:00 - 1:00 PM (PST)	Eye Health for Older Adults Andrew Lee, MD. Department Chair of Ophthalmology, Houston Methodist Hospital	Click here to register!
Tuesday, April 23, 12:00 - 1:00 PM (PST)	Substance Abuse in Older Adults— Alcohol & Opioids Janet Masanz, LCSW. Inpatient & Outpatient Clinical Director, CrossRoads of Southern Nevada	Click here to register!
Tuesday, April 30, 12:00 - 1:00 PM (PST)	Functional Foods: Managing Diabetes with Diet Bailey Carr, RDN. Culinary Dietitian, Colorado State University Kendall Reagan Nutrition Center	Click here to register!
Tuesday, May 7, 12:00 - 1:00 PM (PST)	Optimizing Oral Health in Older Adults Mahzarine Irani Rohani, DDS. School of Dental Medicine, University of Nevada Las Vegas	Click here to register!
Tuesday, May 14, 12:00 - 1:00 PM (PST)	Parkinson's Disease Zoltan Mari, MD. Cleveland Clinic Lou Ruvo Center for Brain Health	Click here to register!
Tuesday, May 21, 12:00 - 1:00 PM (PST)	Hearing Loss in Aging Kathleen Lee, Au.D. Concierge Audiology, Las Vegas	Click here to register!
Tuesday, May 28, 12:00 - 1:00 PM (PST)	Advanced Care Planning Carol Kingman, Esq. Southern Nevada Senior Law Program	Click here to register!
Tuesday, June 4, 12:00 - 1:00 PM (PST)	Safe Home Environment and Home Health Services Marie Llanos, OT. Nevada Senior Services	Click here to register!
Tuesday, June 11, 12:00 - 1:00 PM (PST)	Palliative Care Ronald Tan, MD. Veterans Affairs Southern Nevada Health Care	Click here to register!

*Topics are subject to change. updated: 02/21/2024

For the most current information or to register for our newsletter, visit <u>NIHAN.care</u> or email us at <u>NIHAN@unlv.edu</u>

Follow us on Facebook & Instagram (a)NIHANcare



What Matters

ä

4Ms

Mentation

Mobility

Medication



